



## Publications Template

#	Research Title	Field	Abstract	Year of Publication Publishing	Publishing Link "URL"
1	The Relationship between Technological Disengagement and Tourists' Experience: An Exploratory Study	Tourism Studies & Tourist Behavior	This study investigates the relationship between technological disengagement and the tourist experience. A quantitative descriptive design was adopted to determine the extent to which disengagement from technology influences tourists' experiences. A structured questionnaire was administered to 451 travelers in Egypt who voluntarily disconnected from digital devices during their trips or expressed interest in such practices. SPSS v.26 was used to analyze the data, employing both descriptive and inferential statistics. The findings revealed a significant association between technological disengagement and multiple dimensions of the tourist experience. Voluntary disconnection enhanced perceptions of authenticity, mindfulness, novelty, and restorative benefits of travel. While the psychological and experiential benefits showed the strongest effects, social and activity-based outcomes also contributed positively but with varying levels of influence across experience dimensions. Overall, the study demonstrates that greater technological disengagement is linked to richer, more memorable, and transformative tourist experiences. These findings expand the theoretical understanding of tourist behavior by introducing technological disengagement as an important antecedent to memorable travel experiences. In practical terms, the results offer valuable guidance for destination managers and tourism providers to design and market technology-free or digital detox packages that respond to the growing demand for authentic, mindful, and restful travel.	Journal of the Faculty of Tourism and Hotels-University of Sadat City, Vol. 10, Issue (1/1), June 2026	DOI: <a href="https://doi.org/10.21608/MFTH.2026.473816">10.21608/MFTH.2026.473816</a>



2	The Impact of Digital Detox Tourism Motivations on Tourists' Experience	Tourism Studies & Tourist Behavior	<p>This study aims to examine the relationship between digital detox tourism (DDT) motivators and tourist experience using a quantitative descriptive approach. Data were collected through a structured questionnaire administered to 451 travelers in Egypt who had participated in or shown interest in DDT. The data were analyzed using SPSS (v.26), employing both descriptive and inferential statistical techniques. The results revealed a statistically significant relationship between DDT motivators and the dimensions of tourist experience, with psychological and environmental-natural motivators exerting the strongest influence on perceptions of safety, novelty, and pleasurable value. Social and activity-based motivators also contributed positively to the tourist experience, although their effects varied across experience dimensions. Overall, the study concludes that stronger motivational drivers lead to richer and more satisfying tourist experiences. The findings highlight the importance of understanding DDT motivators in guiding technology-free travel and provide practical implications for tourism stakeholders in designing customized and meaningful digital detox experiences, while contributing to the growing literature on sustainable and technology-free tourism.</p>	Journal of the Faculty of Tourism and Hotels-University of Sadat City, Vol. 10, Issue (1/1), June 2026	DOI: <a href="https://doi.org/10.21608/MFTH.2026.473819">10.21608/MFTH.2026.473819</a>
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