

Perceived dental health seeking behavior among a group of adult Population In Alexandria - Egypt

Aim of the study:

- 1- Identify causes of patients delay in seeking dental treatment.
- 2- Increase awareness among adult patients in Alex.

Target group: Adults aged 25 - >55.

Results:

The major cause of patient delay was the high cost according to 47.8% of the participants.

Conclusion:

- 1- Dental care is sought due to unbearable toothache.
- 2- Financial related barrier to dental care.
- 3- Fear of dental injections.
- 4- Treatment outcome is below expectations.
- 5- Fear among public of cross infection in dental clinics.
- 6- Many people did not consider going to the dentist to be worth-making time for.

Recommendations:

- 1- Launch an awareness campaign on the importance of early seeking dental treatment.
- 2- Put into place the most possible solutions to ensure the expansion population can access care.
- 3- Communicate with the various institutions that provide oral and dental services such as the Ministry of Health and Health Insurance to join efforts to improve the preventive and curative service and health education to reach the highest level of health service.
- 4- to start the awareness of children, to avoid access to that deteriorating state of oral health.