

Bioadhesive Chitosan-Coated Cationic Nanoliposomes With Improved Insulin Encapsulation and Prolonged Oral Hypoglycemic Effect in Diabetic Mice

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Abstract:

Oral administration of insulin is hampered by the lack of carriers that can efficiently achieve high encapsulation, avoid gastric degradation, overcome mucosal barriers, and prolong the hypoglycemic effect. Chitosan (CS)-coated insulin-loaded cationic liposomes have been developed and optimized for improved oral delivery. Liposomes were prepared cationic to improve insulin encapsulation. CS was selected as a mucoadhesive coat to prolong the system's residence and absorption. The performance of CS-coated liposomes compared with uncoated liposomes was examined in vitro, ex vivo, and in vivo in streptozotocin-induced diabetic mice. Free uncoated liposomes showed high positive zeta potential of $+58.8 \pm 2.2$ mV that reduced ($+29.9 \pm 1.4$ mV) after insulin encapsulation, confirming the obtained high entrapment efficiency of $87.5 \pm 0.6\%$. CS-coated liposomes showed nanosize of 439.0 ± 12.3 nm and zeta potential of $+60.5 \pm 1.9$ mV. In vitro insulin release was limited to $18.9 \pm 0.35\%$ in simulated gastric fluid, whereas in simulated intestinal fluid, $73.33 \pm 0.68\%$ was released after 48 h from CS-coated liposomes. Ex vivo intestinal mucoadhesion showed increased tissue residence of CS-coated liposomes compared with uncoated liposomes. A striking reduction in the glucose level was observed 1 h after oral administration of CS-coated liposomes and maintained up to 8 h ($p < 0.01$ vs. insulin solution or uncoated liposomes) within the normal value 129.29 ± 3.15 mg/dL. In conclusion, CS-coated insulin-loaded cationic liposomes improved loading efficiency with promising prolonged pharmacological effect.

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Reference:

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